



VSA's Program for High Risk Breast Patients

KEY FACTS

FOR YOU AND FOR YOUR PATIENTS:

VSA's PROGRAM FOR HIGH RISK BREAST PATIENTS is designed to identify, counsel, and care for women with a real or perceived increased risk of breast cancer.

- > Individuals who may benefit from this program are those with a:
 - * Familial history of breast or ovarian cancer
 - * Atypical cells on a breast biopsy
 - * History of radiation exposure
 - * Known genetic predisposition to develop breast cancer

- > VSA breast specialists foster an environment of collaboration where we work with our partners as a multidisciplinary team, including medical and gynecologic oncologists, radiologists, pathologists and genetic, psychological and nutritional counselors.

- > Our High Risk Program provides:
 - * Measurement of an individual's risk of developing breast cancer based on their personal and familial history and genetic risk assessment when needed
 - * Education and counseling to patients regarding the significance of their individual risk
 - * Personalized screening and early detection based on individual goals and level of risk
 - * Risk-reduction strategies through lifestyle changes and medical or surgical interventions based on an individual's goals and level of risk
 - * Communication with the patient's primary provider
 - * Personalized coordination of care by VSA's Breast Care Navigator

**FOR INFORMATION OR TO SCHEDULE AN APPOINTMENT
CALL 703-359-8640**

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Breast Care Program

VIRGINIA SURGERY ASSOCIATES, P.C.

A Prevailing Legacy Of Breast Care